

Bí Cineálta



We want everyone at our school to feel safe and happy.
Our school has a Bí Cineálta policy to try to stop bullying behaviour.

What is bullying?

Bullying is targeted, repeated behaviour, either online or offline that causes harm.



Get Help!



If you think that you are being bullied or someone else is being bullied, you need to tell a teacher or another adult that you trust. They will know what to do to help

Tell Someone!



If you tell a staff member that you think you are being bullied, they will:

- Talk to you about it
- Ask you what you want to happen
- Work out a plan together
- Talk to the other student(s) involved
- Talk to your parents
- Talk with the other student's parents

CHOOSE
kindness

Review

Every year to see what is working well or what could work better, we will ask you what you think.